

Behavioral Health Counselor II
Course Descriptors

**NAADAC Ethics
Hours**

6 Contact

Trainees are provided with foundational* philosophy and practice** information about the need for professional ethics. They are also introduced to the code of ethics developed for behavioral health providers, with discussion on how to use this code as a guide to providing client services. Applied exercises will help trainees practice identifying potential ethical issues. ***

* Foundational refers to broad, general information/concepts needed for level of practice.

** Practice refers to application in practice level.

Confidentiality

6 Contact Hours

Trainees are provided with foundational and practice information about federal requirements of 42CFR and HIPAA regarding client confidentiality and protection of client confidential information in general behavioral health counseling, as well as specific implications of working with individuals experiencing behavioral health issues. Reporting requirements (child abuse, threats of violence, etc.) that apply will be introduced and discussed. Trainees will be instructed in how to present clients with release of information forms and how the use of this form is documented. ***

*** These trainings may also be used for required ethics and confidentiality refresher training for recertifying.

Advanced Behavioral Health Clinical Care

40 Contact Hours

Within a seminar format, trainees will analyze and discuss philosophical and practice basis of major counseling theories (psychoanalytic, Alderian, existential, person-centered, gestalt, transactional, behavioral, rational-emotive, and other cognitive behaviors) in behavioral health. They will then be asked to evaluate and present approaches having best applicability in different community settings, and when targeting individuals affected by multiple disorders. Additionally, they will participate in exercises that support applied use of best practice models.

Issues in Behavioral Health Care

40 Contact Hours

Within a seminar format, trainees will analyze and discuss contemporary problems and issues (emerging clinical issues, funding, billable services, staffing levels, manpower development, etc) associated with providing community-based behavioral health care services. They will then be asked to evaluate and present approaches having positive application within community-based behavioral health services.

**Practices of Clinical Supervision
Hours**

30 Contact

Trainees are provided philosophy and practical application approaches to clinical supervision. They will learn and practice motivational techniques to facilitate supervisee participation in individualized clinical supervision sessions, as well as use of technology (tele-health, real-time interactive email, and other developing capacities) provided a strength-based philosophy approach and guidelines for promoting a two way approach for community between supervisors and supervisees. They will be able to delineate the

difference between clinical and administrative supervision, and identify potential ethical boundary issues with supervisees. Trainees will develop clinical supervision plans that can be used within their individual work environments.

Competencies for Behavioral Health

16 Contact Hours

Trainees are given philosophy and practical application of competencies needed for providing community-based services. They will be introduced to a systematic approach for monitoring and evaluating work related competencies, and practice discussion of these competencies with supervised staff to evaluate and support employee performance, and be familiar with SAMHSA Best Practice Competencies. Trainees will participate in exercises to enhance understanding and skills needed for conducting employee evaluations.

Staff Development

16 Contact Hours

Trainees are provided philosophy and practical steps to work with staff they are supervising to develop individual development plans (IDPs) founded on competencies. These IDPs will include individual employee training plans. Each trainee will develop at least one complete IDP.

Case Studies with Culture Based Issues I

8 Contact Hours

Trainees are given the opportunity to discuss and evaluate how traditional lifestyles and health practices impact the Alaska Native Community. They will be encouraged to evaluate how beliefs, attitudes, and knowledge of health promotion, from an Alaska Native cultural perspective, can promote positive changes to the current health status. Special emphasis will be placed on potential strategies for improving village-based behavioral health status and prevention of health crises.

Recovery, Health, and Wellness II

8 Contact Hours

Trainees will review and add to foundational and practice information regarding health, wellness and balance. Focus continues to be on supporting personal recovery, wellness and balanced health using stress management approaches. Applied exercises will help trainees practice their developing skills on how to maintain their own health and wellness, as well as modeling and teaching their clients about personal health, wellness, and balance.