

Behavioral Health Counselor II
Course Descriptors

**NAADAC Ethics
Hours**

6 Contact

Trainees are provided with foundational* philosophy and practice** information about the need for professional ethics. They are also introduced to the code of ethics developed for behavioral health providers, with discussion on how to use this code as a guide to providing client services. Applied exercises will help trainees practice identifying potential ethical issues. ***

* Foundational refers to broad, general information/concepts needed for level of practice.

** Practice refers to application in practice level.

Confidentiality

6 Contact Hours

Trainees are provided with foundational and practice information about federal requirements of 42CFR and HIPAA regarding client confidentiality and protection of client confidential information in general behavioral health counseling, as well as specific implications of working with individuals experiencing behavioral health issues. Reporting requirements (child abuse, threats of violence, etc.) that apply will be introduced and discussed. Trainees will be instructed in how to present clients with release of information forms and how the use of this form is documented. ***

*** These trainings may also be used for required ethics and confidentiality refresher training for recertifying.

Special Issues in Behavioral Health

16 Contact Hours

With guidance, trainees will analyze and discuss the specialized evaluations, services and treatment, and case management needs of individuals affected by such events and experiences as domestic violence, sexual assault, addictions, ARBD (Alcohol Related Birth Defects) and TBI (Traumatic Brain Injury). They will help develop specialized service planning to address the needs of clients with these clinical issues.

Behavioral Health Technical Writing

12 Contact Hours

Trainees are provided with philosophical and practical approaches to critical analysis reading of requests for grant applications, policy and procedure materials, and program-generated standard forms. Resources will also be provided for research. Trainees will develop either a mini-grant proposal or targeted policy/procedure for some aspect of community-based behavioral health service.

Behavioral Health Clinical Team Building

12 Contact Hours

Trainees are provided philosophy and practical application approaches for team building and development and continued support of a team approach to providing community behavioral health services. Each trainee will develop a team building plan.

**Documentation and Quality Assurance
Hours**

12 Contact

Trainees are introduced to methodology for evaluating and supporting quality clinical record documentation. Along with foundational information, they will be provided with practice in evaluating all aspects of the third parties clinical record, documentation, and potential remediation for records deficits. Emphasis will be placed on Medicaid records and documentation compliance.

Introduction to Case Management

16 Contact Hours

Trainees are given foundational and practice information on identification and use of available community resources (local, regional, statewide) for providing services. They will be given general guidance in making referrals to other treatment and community-based services. Focus will be placed on creative use of varied community resources and placement in documented need for continuing care.

Case Studies with Culture Based Issues I

8 Contact Hours

Trainees are given the opportunity to discuss and evaluate how traditional lifestyles and health practices impact the Alaska Native Community. They will be encouraged to evaluate how beliefs, attitudes, and knowledge of health promotion, from an Alaska Native cultural perspective, can promote positive changes to the current health status. Special emphasis will be placed on potential strategies for improving village-based behavioral health status and prevention of health crises.

Recovery, Health, and Wellness II

8 Contact Hours

Trainees will review and add to foundational and practice information regarding health, wellness and balance. Focus continues to be on supporting personal recovery, wellness and balanced health using stress management approaches. Applied exercises will help trainees practice their developing skills on how to maintain their own health and wellness, as well as modeling and teaching their clients about personal health, wellness, and balance.